



Full James River Rundown

APPLICATION

A Full James River Rundown is the successful navigation of all passable sections of the mainstem of the James River from the confluence of the Jackson and Cowpasture Rivers to the river's mouth at the Hampton Roads Bridge Tunnel.

The James River Association (JRA) recognizes anyone who reports completing a full James River Rundown themselves. JRA policy is to operate on an honor system, assuming that those who apply for Full Rundown status have finished the journey. It can be accomplished as a single trip in one season or in sections over the course of a lifetime. Issues of sequence, direction, speed, length of time or mode of river navigation are not considered. JRA assumes that those who apply have made an honest effort to complete all sections. If you meet these standards, please complete and sign the form below including the table of river sections with the dates completed (approximate dates are sufficient).

I, _____, verify that I have completed a full James River Rundown.

Signature

Date

Mailing Address

Phone

Email

Age (at completion of trip)

Race / Ethnic Heritage


















































Gender: Male / Female









































James River Full Rundown River Sections

Name: _____

Skill	Section	Miles	Hazards	Date Completed
	Iron Gate - Glen Wilton	3.13		
	Glen Wilton - Gala	7.25		
	Gala - Eagle Rock	3.81		
	Eagle Rock - Salt Petre Cave	8.42		
	Salt Petre Cave - Horshoe Bend	4.99		
	Horshoe Bend - Springwood	3.47		
	Springwood - Buchanan	4.76		
	Buchanan - Arcadia	6.06		
	Arcadia - Alpine	4.37		
	Alpine - Natural Bridge Stn	7.79		

	Natural Bridge Stn - Glasgow	3.3	  	
	Glasgow - Snowden	4.62	  	
	Snowden - Six Mile Bridge	14.26		Danger Zone - N/A
	Six Mile Bridge - Kelly	14.88	  	
	Kelly - Joshua Falls	4.15	 	
	Joshua Falls - Galts Mill	3.88	 	
	Galts Mill - Allen Creek	13.25	 	
	Allen Creek - Bent Creek	2.33	 	
	Bent Creek - Wingina	14.36	 	
	Wingina - Midway/James River WMA	2.54	 	
	Midway/James River WMA - Howardsville	10.4	 	
	Howardsville - Scottsville	11.58	 	
	Scottsville - Hardware River WMA	6.44		
	Hardware River WMA - New Canton/Bremo Bluff	6.4	 	
	New Canton/Bremo Bluff - Columbia	9.83	 	
	Columbia - Cartersville	9	 	

	Cartersville - Westview	4.99	 	
	Westview - Maidens	12.05	 	
	Maidens - Watkins	12.46	 	
	Watkins - Boat Slide	4.25		
	Boat Slide - Huguenot	5.73	 	
	Huguenot - Pony Pasture	2.09	 	
	Pony Pasture - Reedy Creek	2.86	 	
	Reedy Creek - Tredegar	1.31	 	
	Tredegar - Ancarrows	1.72	 	
	Ancarrows - Osborne Landing	10.38		
	Osborne Landing - Dutch Gap	1.28		
	Dutch Gap - Deep Bottom	5.3		
	Deep Bottom - Hopewell	13.11		
	Hopewell - Herring Creek	5.25		
	Herring Creek - Wyanoke	3.89		
	Wyanoke - Ft. Pocahontas	6.28		

	Ft. Pocahontas - Scotland Ferry	5.66		
	Scotland Ferry - Lucas Landing	3.71		
	Lucas Landing - Kingsmill	4.39		
	Kingsmill - Lawnes Creek	5.33		
	Lawnes Creek - Tylers Beach	3.66		
	Tylers Beach - James River Bridge	6.73		
	James River Bridge - Newport News	3.03		
	Newport News - Petersen's Yacht Basin	5.23		
	Petersen's Yacht Basin - Ft. Monroe	3.98		